**Physical Education Syllabus**

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| **Course Codes:**6th grade - PE 36.007007th grade - PE 36.008008th grade - PE 36.00900   |

**Peachtree Charter Middle School**

**4664 North Peachtree Road**

**Dunwoody, GA 30338**

**678.676.7702**

Burdette      Byrd       Long       James

Roman        Marquis       Savage

**COURSEDESCRIPTION**

**6th Grade**
This course provides students the opportunity to learn through a developmentally appropriate, comprehensive sequentially planned physical education program aligned with the Georgia Quality Core Curriculum. In 6th grade, the content standards emphasize working cooperatively to achieve a common goal. The focus of this course is the development of movement skill combinations and movement skill knowledge; the assessment and maintenance of physical fitness to improve health and performance, and the requisite knowledge of physical fitness concepts, principles and strategies; and the application of psychological and sociological concepts, including self-responsibility, positive social interaction, and group dynamics, in the learning and performance of physical activity. Units of activity include: physical fitness (activities and assessment, concepts, development and maintenance); cooperative activities; throwing and catching skills and lead-up games (team handball and/or flag football); volleying skills and lead-up games (volley tennis and/or small-sided volleyball games); racket skills and lead-up games (paddle tennis, pickle ball, or tennis); dribbling skills (hand dribble and foot dribble) and lead-up games (3-on-3 basketball and small-sided soccer games); folk and line dance; stunts and tumbling.

**7th Grade**
This course provides students the continuing opportunity to learn through a developmentally appropriate, comprehensive sequentially planned physical education program aligned with the Georgia Quality Core Curriculum. In 7th grade, the content standards emphasize meeting challenges and making decisions. The focus of this course is the application of movement skills and knowledge to individual and dual physical activities; the assessment and maintenance of physical fitness to improve health and performance, and the requisite knowledge of physical fitness concepts, principles and strategies; and the application of psychological and sociological concepts, including self-responsibility, positive social interaction, and group dynamics, in the learning and performance of physical activity. Units of activity include: physical fitness (activities and assessment, concepts, development and maintenance); cooperative activities (including introductory adventure/outdoor activities, such as orienteering); mature pattern throwing and catching skills (including flying disc skills) applied during small-sided games (team handball/Ultimate Frisbee/softball); track and field skills (including long jump, shot put, high jump, sprints, and relays); golf (with golf ball-size whiffle balls) skills or disc-golf skills applied in golf or disc-golf lead-up games; volleying skills applied in small-sided games (2-on-2 or 3-on-3 volleyball); racket skills applied in lead up games (paddle tennis/pickle ball/tennis); dribbling skills (hand dribble and foot dribble) applied in small-sided lead-up games (no larger than 4 on 4); and multicultural dance.

**8th Grade**
This course provides students the continuing opportunity to learn through a developmentally appropriate, comprehensive sequentially planned physical education program aligned with the Georgia Quality Core Curriculum. In 8th grade, the content standards emphasize working as a team to solve problems. The focus of this course is the application of movement skills and knowledge (including defensive and offensive strategies) to team physical activities, gymnastics/tumbling, and square dance; the assessment and maintenance of physical fitness to improve health and performance; the requisite knowledge of physical fitness concepts, principles and strategies to improve health and performance; and the application of psychological and sociological concepts, including self-responsibility, positive social interaction, and group dynamics, in the learning and performance of physical activity. Units of activity include: physical fitness (activities, assessment, concepts, development and maintenance); cooperative activities; movement skills and strategies applied in modified games of: flag football; soccer or lacrosse; volleyball; basketball or floor hockey; soccer; softball; team handball/ultimate Frisbee; dance; stunts and tumbling.

**CURRICULUM:**

Each activity will be taught for a period of 3 weeks. The Fitnessgram test will be administered once in the Spring.  All students should be tested a minimum of once during the school year.  A variety of team and individual sports and fitness activities will be taught throughout the year

**GRADING SYSTEM:**The DeKalb County School District believes that the most important assessment of student learning shall be conducted by the teachers as they observe and evaluate students in the context of ongoing classroom instruction. A variety of approaches, methodologies, and resources shall be used to deliver educational services and to maximize each student’s opportunity to succeed. Teachers shall evaluate student progress, report grades that represent the student’s academic achievement, and communicate official academic progress to students and parents in a timely manner through the electronic grading portal. **See Board Policy IHA**.

Grading Procedure:

                Dressing Out (34%)

Five points will be deducted each day a student does not dress out with the proper PE uniform.

Two points will be deducted if a student is partially dressed out with the PE uniform.

Participation (33%)

Five points will be deducted each day a student does not participate unless excused for medical reasons.

Failure to turn in written reports (if absent more than three days) will result in points deducted (see “absences” above).  If a student is not dressed out for PE, he/she will not be allowed to participate that day and he/she will lose points in both categories.

Skill and Cardiovascular Day (CV Day, 33%)

Students will receive a grade for each activity unit and every Monday of running. These grades

are based on individual effort and improvement.

**Grading Scale:**established by the DeKalb County School System will be used.

Zeros earned by students will be posted in the Infinite Campus Grade Book.  Parents will be able to view all grades and are encouraged to monitor grades through the Infinite Campus Parent Portal.  If the missing work or failure is not replaced by acceptable submitted work that meets the assigned standard or element after 3 attempts to make up the work or improve the work, then a zero (0) will remain and shall be averaged into the student’s grade.

**GRADING PERCENTAGES**

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| **GRADING CATEGORIES** | **\*GRADE PROTOCOL** |
| **Formative/Summative Assessment (Classwork/Participation) - 40%****Assessment During Learning (Quiz/Test) - 30%****Guided, Independent, or Group Practice (Projects) - 30%** | **A**90 – 100                               ~**P**(pass)**B**80 – 89                                 ~**F**(fail)               **C**71 – 79**D**70**F**Below 70 |

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| **DISTRICT EXPECTATIONS FOR SUCCESS** |
| **STUDENT PROGRESS** | Semester progress reports shall be issued four and a half, nine and thirteen and a half weeks into each semester.  The progress of students shall be evaluated frequently and plans shall be generated to remediate deficiencies as they are discovered. Plans shall include appropriate interventions designed to meet the needs of the students. **See Board Policy IH.** |
| **ACADEMIC INTEGRITY** | Students will not engage in an act of academic dishonesty including, but not limited to, cheating, providing false information, falsifying school records, forging signatures, or using an unauthorized computer user ID or password. **See the Code of Student Conduct - Student Rights and Responsibilities and Character Development Handbook.** |
| **HOMEWORK** | Homework assignments should be meaningful and should be an application or adaptation of a classroom experience.  Homework is at all times an extension of the teaching/learning experience.  It should be considered the possession of the student and should be collected, evaluated and returned to the students. **See Board Policy IHB.** |
| **MAKE-UP WORK****DUE TO ABSENCES** | When a student is absent because of a legal reason as defined by Georgia law or when the absence is apparently beyond the control of the student, the student shall be given an opportunity to earn grade(s) for those days absent. Make-up work must be completed within the designated time allotted. It is the student’s responsibility to request and complete make-up work. **See Board Policy IHEA.****EXCUSES:**Students need to bring a note from home if participation is to be limited or excused due to illness or injury. A medical note is required if a student is going to miss 3 days or more of Physical Education. Alternative assignments will be given to any student missing extended periods of class due to illness or injury.**ABSENCE**:Once a student is absent more than 3 consecutive days from Physical Education, a written assignment will be required to maintain his/her participation grade. For each absence after the third, a half page report on any current sporting event will need to be turned in to the student’s PE teacher. If this assignment is not fulfilled, five points will be deducted from the student’s final grade.  |
| **SCHOOL EXPECTATIONS FOR SUCCESS** |
| **CLASSROOM EXPECTATIONS** | Students are required to be actively engaged in all activities in physical education classes regardless of the attire.  For safety reasons, students are expected to wear proper attire and proper shoes when participating in an activity.  Sandals, clogs and flip flops are unacceptable for physical activity.**DISCIPLINE AND SAFETY PLAN:**1. Gum, candy, food and drinks (other than water) are NOT ALLOWED in the gym, locker room or outside during PE class.

 1. Tardiness to class will follow the school-wide tardy policy.  If a student misses 2 days of dressing out in one week, he/she will not participate in Choice Day and will be given an alternate assignment.

 1. Electronic devices are prohibited from the gym, locker room and outside during PE class.

 1. Honor the rights of others to speak, to listen, and to learn.  Be positive and respectful to class members and encourage others to do the same.  Respect the property of others.

 1. Assume the responsibility for your own learning by attending class regularly and being actively involved with class activities.

 1. Practice SAFETY at all times.

 1. Students will not leave the gymnasium without permission.

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| **MATERIALS AND SUPPLIES** | **UNIFORM:**All students are REQUIRED to wear the Peachtree shirt and shorts. The proper clothing is vital to your child’s best interest and performance. Shorts must be worn at the waist and shirts will be tucked inside of shorts.   Uniforms are sold during registration and are available for purchase throughout the year. The cost for each item is as followed:Shirts:      Cotton $10                              Shorts:     Mesh $15Bag:         Nylon $5 Athletic shoes (tennis, running, basketball, or any cross fit shoe) are appropriate for PE class. All shoes must be tied during class for safety concerns. Converse, Vans, boots, flats and sandals are not allowed during PE. Socks must also be worn. **LOCKERS:**Lockers are available in the locker room for all students enrolled in Physical Education. We recommend that you only bring items needed for PE into the locker rooms.  Students will need to take their clothes with them each day. Nothing is to be left in the locker room or locker after the student has left class. Students are not allowed to share lockers due to hygiene concerns. |

**Tips for being successful in class:**

         Make sure all your work is done to the best of your ability.  Quality is essential.

         Let me know if you need help!

         Come to class everyday with a positive attitude!