



School Year/Semester 2022-2023

Course Name	8 th Grade HEALTH
School Name	Peachtree Middle School
School Phone Number	678-676-7702
School Team site	https://sites.google.com/dekalbschoolsga.org/pcmshealthpedept/home

Course Description

Health Education is a required course, which is typically taught within a nine-week time frame. In Health Educations class, students will obtain accurate information; acquire skills and behaviors that promote positive attitudes for making wise decisions related to their personal health.

The central theme addresses adolescent risk behaviors that have been identified by the U.S. Centers for Disease Control and Prevention: the acceptance of personal responsibility for lifelong health, respect for and promotion of the health of others, understanding the process of growth and development, and informed use of health-related information, products, and services. Study will include Alcohol, Tobacco and Other Drugs, Mental and Emotional Health, Disease Prevention, Human Growth and Development, Nutrition and Safety.

The unifying agenda for health is for students to improve the quality of individual health through practice and performance, which will sustain a lifetime of wellness.

Curriculum Overview

The following academic concepts will be covered. **THIS IS ONLY A GUIDE AND IS SUBJECT TO CHANGE.**

CURRICULUM OVERVIEW	
Unit 1 – MENTAL EMOTIONAL & SOCIAL HEALTH.	(MESH)
Unit 2 - DISEASE PREVENTION	(DP)
Unit 3- ALCOHOL TOBACCO & OTHER DRUGS.	(ATOD)
Unit 4- Fitness and Nutrition	

BOARD-APPROVED INSTRUCTIONAL MATERIALS

Title	
ISBN	
Replacement Cost	
Online book and/or resources	
Online student access code (school specific)	

GRADING SYSTEM: The DeKalb County School District believes that the most important assessment of student learning shall be conducted by the teachers as they observe and evaluate students in the context of ongoing classroom instruction. A variety of approaches, methodologies, and resources shall be used to deliver educational services and to maximize each student’s opportunity to succeed. Teachers shall evaluate student progress, report grades that represent the student’s academic achievement, and communicate official academic progress to students and parents in a timely manner through the electronic grading portal. **See Board Policy IHA.**

GRADING CATEGORIES	*GRADE PROTOCOL
Formative and Diagnostic Assessments – 0%	A 90 – 100 ~ P
Assessment Tasks (Skills & Homework) – 25%	(pass)
Classwork (Guided, Independent, and Group Practice) – 45%	B 80 – 89 ~ F (fail)
Quizzes, Tests, and Projects – 30%	C 71 – 79
	D 70
	F Below 70

Notes:

*English Learners (ELs) must not receive numerical or letter grades for the core content areas in elementary and middle school during their first year of language development. A grade of CS or CU must be assigned. This rule may be extended beyond the first year with approval from the EL Studies Program. English Learners must receive a grade for ESOL courses.

~Elementary schools will utilize P (pass) and F (fail) in Health/Physical Education, Music, World Languages, Visual Arts and Performing Arts.

DISTRICT EXPECTATIONS FOR SUCCESS	
STUDENT PROGRESS	Semester progress reports shall be issued four and a half, nine and thirteen and a half weeks into each semester. The progress of students shall be evaluated frequently, and plans shall be generated to remediate deficiencies as they are discovered. Plans shall include appropriate interventions designed to meet the needs of the students. See Board Policy IH.
ACADEMIC INTEGRITY	Students will not engage in an act of academic dishonesty including, but not limited to, cheating, providing false information, falsifying school records, forging signatures, or using an unauthorized computer user ID or password. See the Code of Student Conduct - Student Rights and Responsibilities and Character Development Handbook.
HOMEWORK	Homework assignments should be meaningful and should be an application or adaptation of a classroom experience. Homework is at all times an extension of the teaching/learning experience. It should be considered the possession of the student and should be collected, evaluated and returned to the students. See Board Policy IHB.
MAKE-UP WORK DUE TO ABSENCES	When a student is absent because of a legal reason as defined by Georgia law or when the absence is apparently beyond the control of the student, the student shall be given an opportunity to earn grade(s) for those days absent. Make-up work must be completed within the designated time allotted. See Board Policy IHEA.
VIRTUAL SCHOOL EXPECTATIONS FOR SUCCESS	
CLASSROOM EXPECTATIONS	<p style="text-align: center;">5P's</p> <p>PROMPT – Get to class on time (before the bell rings) Sit down in roll call spot and be ready for instruction from the teacher</p> <p>PREPARED – Be prepared with pen, pencil, and paper. Bring chrome book to Health class everyday.</p> <p>PRODUCTIVE – Maximize learning time by staying engaged and on task during class time. Assume responsibility for your learning Refrain from engaging in distracting behavior, such as trying to use your phone to text or post to social media or talking while the instructor is talking. Actively engage in Complete assignments during asynchronous instruction Complete assignments and submit them on time.</p>

	<p>POLITE – Be respectful at all times and use Virtual Class Etiquette Respect yourself, your peers, and your teacher at all times Raise your hand to speak. This will create an environment for good classroom discussion. Swearing (cursing), teasing, talking back, and bullying will NOT BE TOLERATED Honor the rights of others to speak, listen and to learn Be positive and respectful to class members and encourage others to do the same Respect the property of others.</p> <p>PATIENT – Wait respectfully and calmly for your turn Refrain from blurting out or complaining Listen and stay engaged when someone is talking.</p>
MATERIALS AND SUPPLIES	School issued Chromebook, charger, color pencils, and markers.
EXTRA HELP	<p>Tips for being successful</p> <ul style="list-style-type: none"> • Make a weekly “class schedule” to help keep yourself on track. <p>If each teacher assigns you two classwork assignments in this learning format, it requires much more discipline and independence from your peers, because you will not have your</p> <ul style="list-style-type: none"> • Reach out to your teachers for help when you need it, Wednesdays are allocated as “Office/Tutoring” days. • Review written feedback from your teachers and check your grades regularly
PARENTS AS PARTNERS	<p>Research shows that family involvement promotes student success. Students with involved parents are more likely to:</p> <ul style="list-style-type: none"> • Earn higher grades and pass their classes, • Attend school regularly and have better social skills, • Go on to postsecondary education. <p>When families, schools, and communities work together,</p> <ul style="list-style-type: none"> • Student achievement improves, • Teacher morale rises, • Communication increases, • Family, school, and community connections multiply. <p>The following are suggestions which can help develop a partnership:</p> <ul style="list-style-type: none"> * Attend parent meetings and participate in at least one committee. * Volunteer at the school on a regular basis. * Participate in the decision-making process about school policies, curriculum, and budgets

PLEASE SIGN BELOW AND RETURN.

I have read the syllabus.

Student Signature _____

Parent/Guardian Signature _____

Date _____

Additional information to support continued contact:

Information	Parent/Guardian
Day Time Phone Number	
Cellular Phone Number	
Home Phone Number	
Email Address	